



SMOOTHIES

JUICES

Strawberry-Banana ~ banana / strawberry / orange	9	Arise ~ orange / raspberry	8
Outrageously Blue ~ blueberry / banana / pineapple	9	Power Drive ~ orange / carrot / ginger	8
Protein Punch ~ skim milk / chocolate / banana / whey protein	9	Green Energy ~ spinach / parley / celery	8
Blue Pomegranate ~ blueberry / pomegranate / agave	9	Carrot	8
Green Health ~ kale / grapes / cashew milk	9	Orange / Grapefruit	8

QUICK & LIGHT

Seasonal Fruit ~ seasonal fruit selection	12
Bowl of Berries ~ strawberry / rasperry / blueberry / blackberry	14
Greek Yogurt Muesli ~ honey oats / mixed berries / toasted almonds	12
Yogurt ~ plain or fruit	6
Blue Fin Granola ~ nuts / seeds / fresh berries ADD yogurt \$2	12
New York Bagel ~ plain / sesame / everything / cinnamon-raisin / poppy seed ADD cream cheese or butter \$1	5
Bakery Basket ~ freshly baked: scone / muffin / croissant / pain au chocolat / butter & jams	14
Cereal Selection	14
cornflakes / cheerios / rice krispies / bran flakes / raisin bran / shredded wheat / frosted flakes / special k / honey nut cheerios	

EGGS & CLASSICS

~ We proudly serve Sullivan County Free Range Eggs ~

Two Eggs Any Style ~ roasted potatoes	14
Add: thick cut applewood bacon / pork link sausage / turkey bacon / black forest ham \$3	
Brooklyn Smoked Salmon Platter ~ choice of bagel / cream cheese / tomato / lettuce / onions	21
Farmer’s Market Egg White Omelette ~ turkey bacon / market vegetables / low-fat cheese	18
Scrambled Eggs & Chorizo ~ tortilla / avocado / pico de gallo / chihuahua cheese	17
Avocado Toast with Poached Eggs ~ country bread / market green salad / sea salt	18
Classic Eggs Benedict ~ canadian bacon / hollandaise sauce	18
Breakfast Sandwich ~ fried eggs / american cheese / crispy bacon / portuguese muffin	16
Steel-Cut Oatmeal ~ gala apple & cranberry compote	12
Laura Chenel Goat Cheese Quiche ~ caramelized onions / applewood bacon / market green salad	16
Belgian Waffles ~ autumn fruit compote	15
Buttermilk Pancakes ~ lemon ricotta / cranberries / catskill mountain organic maple syrup	15
Cinnamon Pecan Raisin French Toast ~ poached pears	14

CREATE YOUR OWN OMELETTE 17			
whole eggs or egg whites / choose three ingredients / served with roasted potatoes			
Cheddar	Spinach	Tomato	Mushrooms
American	Peppers	Kale	Bacon
Low-Fat Muenster	Onions	Avocado	Sausage
Feta			

SIDES

Applewood Bacon	7	Home Fries	7
Pork Link Sausage	8	Turkey Bacon	8

Executive Chef: **Juan Carlos Ortega**

Blue Fin is committed to using fresh, local and sustainable products whenever possible. We’re proud to serve free-range chicken, Creekstone Farms beef, fresh line-caught and MSC certified fish, and Sullivan County farm fresh eggs. *Items that are served raw or undercooked, or that contain undercooked ingredients may increase your risk of food borne illness. Young, elderly and individuals with certain health conditions may be at higher risk. 10.12.15